

## Do I Have to Die?

**W**ho has not asked this question, at least to oneself? It's a valid question, because at the core of every living being is the drive to live. Jesus also must have asked this question. Today's Gospel account implies this in John 12:27. ("I am troubled now.") Despite his passion for living, Jesus was more passionate about the transformation that would take place later. The example of the grain that must die if a harvest of wheat is to be produced is a perfect metaphor to make this point. Just as the grain is insignificant compared with the possible harvest, so—our faith assures us—there is no comparison between this life and the wondrous transformation that awaits us. And yes, in order to move from this life to that splendid future, we will have to die.

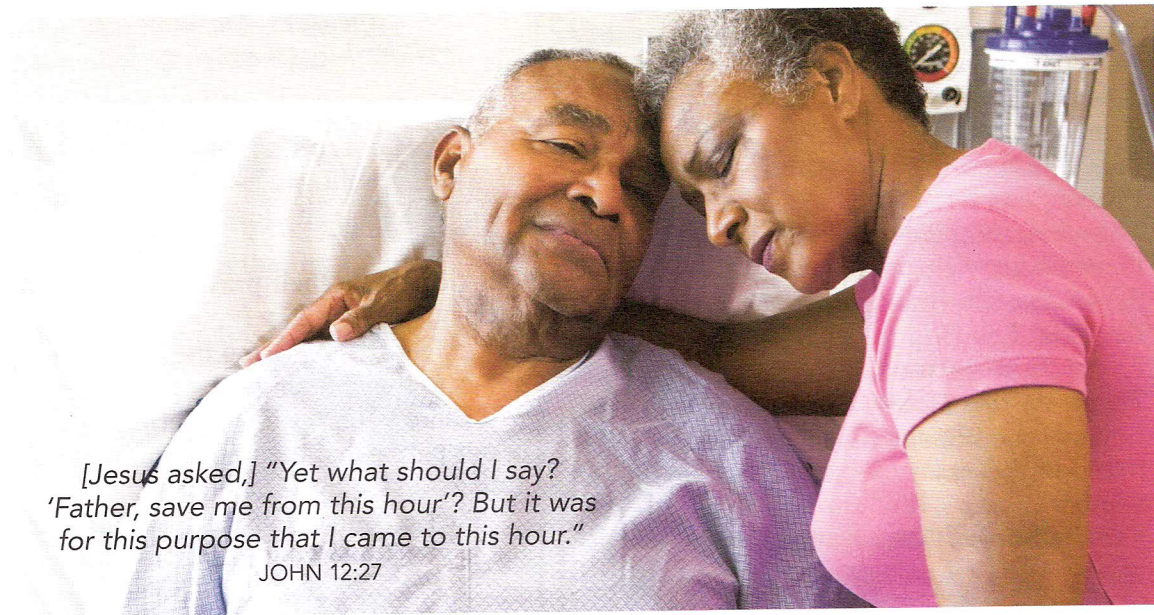
Our Lenten meditations will soon focus on the suffering and death of Jesus. However, to concentrate solely on suffering and death is like examining the

death of the grain without any thought of its transformation and the bountiful harvest that will come. We must not minimize Jesus' suffering. However, it was precisely by means of his having been lifted up on the cross in suffering and death that he was lifted up in glory and exaltation. This is why we claim that death is not the end of life but the gateway to new life. So, as difficult as it might be to leave the life we love, like Jesus we have to die in order to enter that new life.

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### For Reflection

- ★ *Begin to place yourself in God's hands with little things so that you are better able to do so in bigger things.*
- ★ *The second reading reminds us that Christ is the source of our eternal salvation. Spend a moment in gratitude for this great gift.*



*[Jesus asked,] "Yet what should I say? 'Father, save me from this hour'? But it was for this purpose that I came to this hour."*

JOHN 12:27

