



Once Upon a Mountaintop

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Many people, perhaps most people, have had a religious experience of some sort, something akin to that of Peter, James, and John atop the mountain with Jesus. It may or may not have included hearing a voice. Most often it is a deep sense of God's presence beyond anything they have ever known, like a profound realization of what life is about or how it is laced through and through with God. It usually occurs as we are idle, not doing anything in particular, and often when we are younger, yet it is also something that changes our understanding of what life and God are about.

Most people do not talk about such experiences for any number of reasons, partly because there do not seem to be words to describe such a moment in a way anyone would understand, like trying to describe falling in love. Partly because if we tried, we fear others would think us strange. And partly because we can find ourselves wondering whether it was real or simply our imagination. Yet always we remember the moment and know it to be true.

One additional characteristic of such moments is that they tend to take us to a new place in life, as with Abram in the first reading. For him it was to pack up his life and move. More likely for us it is to a life of service, caring, and treasuring all of life now in a new way. ●

Reflect

*If you've had a religious experience,
is there someone you can talk to about
how it changed your faith?*

Then from the cloud came a voice that said,
"This is my beloved Son, with whom I am
well pleased; listen to him."

MATTHEW 17:5B



