



*Humble yourself the more,  
the greater you are, and you will  
find mercy in the sight of God.*

SIRACH 3:18

## I'm Nobody! Who Are You?

**T**his is the title of one of Emily Dickinson's most beloved poems. Did she really think she was nobody? Probably not. But neither was she eager to get bogged down by the approval of others. She seems to have been satisfied with who she was and how she lived her life.

Unlike Dickinson, many of us live for the approval of others. In fact, we almost glorify celebrities—and not simply for their accomplishments. Their taste becomes our choice in buying clothes; their opinions shape our thinking; their social life becomes our entertainment. This is a strange turnaround, for the only reason they are famous is that we have given them our approval. We made them celebrities.

We all know people who, in the eyes of the broader society, might be considered “nobodies” but who really are the “somebodies.” They are like Dickinson. They know who they are and do not pretend to be someone or something else. They do not put on airs; they do not expect to be treated better than others. They simply are who they are. These are the people described in today's readings. They have lived as Sirach counsels: “Humble yourself” (Sirach 3:18). This does not mean humiliate yourself or put yourself down. It means be who you are, the *you* that God made. Don't try to be someone else. The Gospel story shows what might happen if you think you are more than you really are. The proud man was literally put in his place.

So, who are you?

*Sr. Dianne Bergant, CSA*

### FOR *Reflection*

- ★ *What do you do to gain other's approval? Does that change who you are?*
- ★ *How often do you describe yourself as better than others? Is it true?*

**St. Mary's & St. John's  
Brush CO & Stoneham CO**

**Pastor:** Rev. Marek Ciesla, S. Chr.  
**Parochial Vicar:** Rev. Maurice Okeke

**Masses:**

Brush: Sat. - 5:00 PM, Sun. - 10:00 AM  
Thurs. - 5:30 PM, Fri. - 8:00 AM  
Stoneham: Sun. - 12:00 PM

**Sacrament of Reconciliation:**

Brush: Sat. - 3:00 PM  
1/2 hr. before weekday Masses  
or by appointment  
Stoneham: Sun. - 1:00 PM

**Adoration & Benediction:** 1st Friday of the  
month immediately after Mass (till 9:00 a.m.)

**Anointing of the Sick:** - call the Office

**Office:** Thursday & Friday  
Leave a message 970-842-2216

**Website:** [www.stmarybrush.org](http://www.stmarybrush.org)

**Sign up for Flocknote**

[www.flocknote.com/stmarybrush](http://www.flocknote.com/stmarybrush)

or text **Brush** to 84576

**Facebook:** [www.facebook.com/STMBrush](http://www.facebook.com/STMBrush)

**Donate Online:** Visit [www.stmarybrush.org](http://www.stmarybrush.org)

Click "Donate" and select your church.

**Thank you for your ongoing support!**

**Visit [Formed.org](http://Formed.org) & watch for free!**

Sign Up & Select "I belong to a Parish"

Enter 80723 / select St. Mary's

Enter your e-mail - and you are in!

**Mass Intentions**

**Sat. Aug. 27**

5:00 p.m.

**Vigil**

†Bonnie Caza

**Sun. Aug. 28**

10:00 a.m.

**Mass/22nd Sunday Ord.Time**

†Gregory Zack - JKP

12:00 p.m.

Health/Sherri Picciano

**Mon. Aug. 29**

(privately)

**Mass/PassionSt John(Baptist**

†Jerome Rafferty

**Tues. Aug. 30**

(privately)

**Mass**

†Ervin Hammond

**Wed. Aug. 31**

(privately)

**Mass**

Parishioners

**Thur Sept. 1**

5:30 p.m.

**Mass**

Graces Fr. Blach

**Fri. Sept. 2**

8:00 a.m.

**Mass**

Graces Joe Chapman

**Sat. Sept. 3**

5:00 p.m.

**Vigil**

†Jim Dulaney - VQ

**Sun. Sept. 4**

10:00 a.m.

**Mass/23rd Sunday Ord.Time**

†Ervin Hammond

12:00 p.m.

Health/Sherri Picciano

**PLEASE PRAY FOR:**

**Our Sick:** Joseph Wilson, Tom Flores, Rosa

Maria Santos, Gia Marquez, Jan Yokum,

Jennie Meja, Kane Schrock, Deja Aldama,

Bernice Padilla, Rosemary Garcia, Ben

Mettlen, Arabella Macis, Sean Gleason,

Brianna Hill, Gina Mortenson, Marj Blatt,

Margaret Mann, Paula Meier, Sheryl Garvik,

Izaac Morales, Kayla Albrant, Christy

Chapman, Stan Prather, Ron Uhrig, Kaze

Marquez, Anthony Steven Villarreal, Shelby

Wolover-Milleson, Caiden Lee, Frank Laso,

Fritz Ramirez, Rodney Hergenreter, Marj

Chapman, Stella, Amanda Weisensee,

Norma Wolfe, Sandra Mantey, Fr. Blach,

Lois Barnhart, Daniel Hoffman

**For the Soul:** George Kalous, Scott Ogle,

Jim Dulaney, Jo Ann Termentozzi

**Give your kids the gift of faith!**

Religious Education Classes at St. Mary's will begin **September 11, 2022** in person. Register online before **September 4th**. A parent meeting will be held the first day of RE classes (**Sept. 11th**) to go over important information for the year.

**Register online**

<https://www.stmarybrush.org>

*Help to register online will be available after each Mass this weekend, August 27th/28th.*



Sunday, September 18  
After 10:00 am Mass  
St. Mary's Church grounds

Food, Games & Fun

RE Coordinator: Erica Pena  
(970)370-1777

All proceeds are for  
St. Mary's RE program.



**Anointing of the Sick**

August 27th & 28th after each Mass

**First Weekend of the Month Adoration**

*September 3rd/4th*    **Saturday**    **Sunday**  
Adoration begins    4:30 p.m.    9:30 a.m.

**Weekend of September 4th**

Portion of the collection will go towards  
**The Catholic University of America.**  
*Thank you for your generosity!*

**Girls on the Run** is open for girls in 3rd-6th grade. Meetings are Tuesday and Thursday at 4 p.m. Cost is \$40 per participant. Register before September 2nd online at [girlsontherunrockies.org/registration](http://girlsontherunrockies.org/registration) Text Elizabeth Jarrell for more information 970-380-6692

**St. John Vianney Seminary Lay Division**

Has the Holy Spirit been tugging at your heart to commit to a deeper study of the Bible and the Catholic Faith?

Would you like to be more equipped at explaining the Faith to others?

Then join a class from the Denver Catholic Biblical or Catechetical School this fall, either online or in-person!

Call 303.715.3195 or visit [sjvlaydivision.org](http://sjvlaydivision.org) for more details.



**ARCHBISHOP'S**  
CATHOLIC APPEAL

**St. Mary - Brush**

ACA Goal: \$ 16,039  
Pledged Amount to Date: \$ 11,765  
% of goal: 73.4%    Paid to date: \$ 10,265

**St. John - Stoneham**

ACA Goal: \$ 4,248  
Pledged Amount to Date: \$ 1,300  
% of goal: 30.6%    Paid to date: \$ 1,300

*Thank you for your support!*



**FEED THE HUNGRY**

**Food Drive - Help feed families**

If you are able, please consider canned goods & items for the Brush Food pantry. Your donations help feed the hungry. Monetary donations also welcome.

*Drop off donated goods at St. Mary's*  
*Thank you for your support!*

• Email: [pastor@stmarybrush.org](mailto:pastor@stmarybrush.org) • Office hours: 9:00 AM - 2:30 PM (Thursday & Friday, Brush)

# Dear Padre,

Isn't natural family planning (NFP) a form of birth control? The couple still controls the potential of human life that God may have wanted to create at a particular moment.

Couples who use NFP aren't practicing contraception. By giving themselves completely to one another in body and soul, they're preserving the integrity of the marriage sacrament. In God's design, women are naturally infertile for many days of the menstrual cycle. The marital act during these times promotes bonding and yet is open to new life. There is no sin in abstaining from the marital act. When a husband and wife use NFP appropriately, they share responsibility for living with their combined fertility. Neither spouse takes



MANUEL ANDERSSCHAUERS/ISTOCK

the other for granted. NFP is a healthy and holistic way to plan for children.

Many couples find that living an NFP lifestyle gives them a better understanding of their fertility, frees them from fear of medical side effects, increases their communication, encourages a greater sense of sharing and a generosity toward life, fosters sexual self-control, and gives them the peace of following their spiritual, religious, cultural, or ethical beliefs. Periodic abstinence encourages couples to focus on aspects of their relationship beyond the physical, resulting in a "honeymoon effect."

NFP's most important benefit is that it enables spouses to live the mutual gift of self that is an essential element of marriage. The Church values marital sexual love. NFP helps couples to be authentic in the expression of that love.

From *Natural Family Planning: A Catholic Approach*, © 2009 Liguori Publications.



## A WORD FROM *Pope Francis*

Jesus teaches this: "The one who humbles himself will be exalted" (Luke 14:11). God does not exalt us because of our gifts, because of our wealth, or because of our skills, but because of humility. God loves humility. God lifts up those who humble themselves; he lifts up those who serve.

ANGELUS, SOLEMNITY OF THE ASSUMPTION, AUGUST 15, 2021

## Calendar

- Monday**  
AUGUST 29  
*The Passion of St. John the Baptist*  
1 Cor 2:1-5  
Mk 6:17-29
- Tuesday**  
AUGUST 30  
Weekday  
1 Cor 2:10b-16  
Lk 4:31-37
- Wednesday**  
AUGUST 31  
Weekday  
1 Cor 3:1-9  
Lk 4:38-44
- Thursday**  
SEPTEMBER 1  
Weekday  
1 Cor 3:18-23  
Lk 5:1-11
- Friday**  
SEPTEMBER 2  
Weekday  
1 Cor 4:1-5  
Lk 5:33-39
- Saturday**  
SEPTEMBER 3  
*St. Gregory the Great, Pope and Doctor of the Church*  
1 Cor 4:6b-15  
Lk 6:1-5
- Sunday**  
SEPTEMBER 4  
*Twenty-third Sunday in Ordinary Time*  
Wis 9:13-18b  
Phlm 9-10, 12-17  
Lk 14:25-33



Liguori Publications is celebrating 75 years of ministry throughout 2022.

Follow progress toward our October 23 anniversary date in *Liguorian* magazine and at [Liguori.org](http://Liguori.org).

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